



## Helping you back to fitness

Albyn Hospital's Sports Injury Clinic offers diagnosis and treatment of soft tissue injuries caused by participating in sports or exercise.

We have a team of experienced Sports Physiotherapists and Consultant Orthopaedic Surgeons who will assess your injury and work with you towards your recovery.

### The sports injury clinic allows:

- Rapid assessment
- Access to full hospital and diagnostic facilities, including MRI
- Advanced client specific treatment - Shockwave Therapy, Sports Bracing, Taping and Sports Massage
- Running and Biomechanical Assessments

**To book a consultation or for further information, please contact 01224 577426 or [physio.albyn@bmihealthcare.co.uk](mailto:physio.albyn@bmihealthcare.co.uk)**

**[www.circlehealthgroup.co.uk/treatments/sports-injuries](http://www.circlehealthgroup.co.uk/treatments/sports-injuries)**